

Heritage Winter Sports

Boys Basketball

Coach – Marlin Fryberg

First Day of Practice – November 14, 2016

Location – Heritage Gym

Time – 5:30-7:30

Equipment Needs – Athletic Shoes, Shorts, T-Shirt, Water Bottle

Girls Basketball

Coach – Cyrus Fryberg

First Day of Practice - November 14, 2016

Location – Heritage Gym

Time – 3:00-5:00

Equipment Needs – Athletic Shoes, Shorts, T-Shirt, Water Bottle